



Esthetics Exam Practice

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These esthetics exams are designed to help esthetics students and graduates prepare for the written state esthetician/skin care licensing exam and are focused on subjects and topics covered on actual state board exams. These exams correlate with the focus exams found at the website: www.onlinepracticeexam.net

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Esthetics: Advanced & Specialized Services

1. What does CRF stand for?
 - a. Cell renewal fluid
 - b. Cell rebirth factor
 - c. Cell renewal factor
 - d. Cell rebirth fluid

2. What is a baby's CRF?
 - a. 21 - 28 days
 - b. 42 - 84 days
 - c. 14 days
 - d. 27 days

3. _____ is an example of a manual exfoliation technique
 - a. A scrub
 - b. Microdermabrasion
 - c. Laser resurfacing
 - d. TCA

4. Another name for Carbohic acid peel is:
 - a. Jessner's peel
 - b. Baker's peel
 - c. Malic acid peel
 - d. TCA

5. Generally, estheticians will give a glycolic acid of _____% or less
 - a. 75
 - b. 30
 - c. 65
 - d. 40

6. How many coats would a light Jessner's peel consist of?
 - a. 1 to 3
 - b. 5 to 10
 - c. 4 to 8
 - d. 5 to 6

7. Generally, physicians administer glycolic acid of _____ % or higher
 - a. 25
 - b. 75
 - c. 10
 - d. 50